

YOURS
FREE



The Alex Gow Super Puzzle Book

CROSSWORDS, WORDSEARCH
CODE CRACKER, SUDOKU & TRIVIA

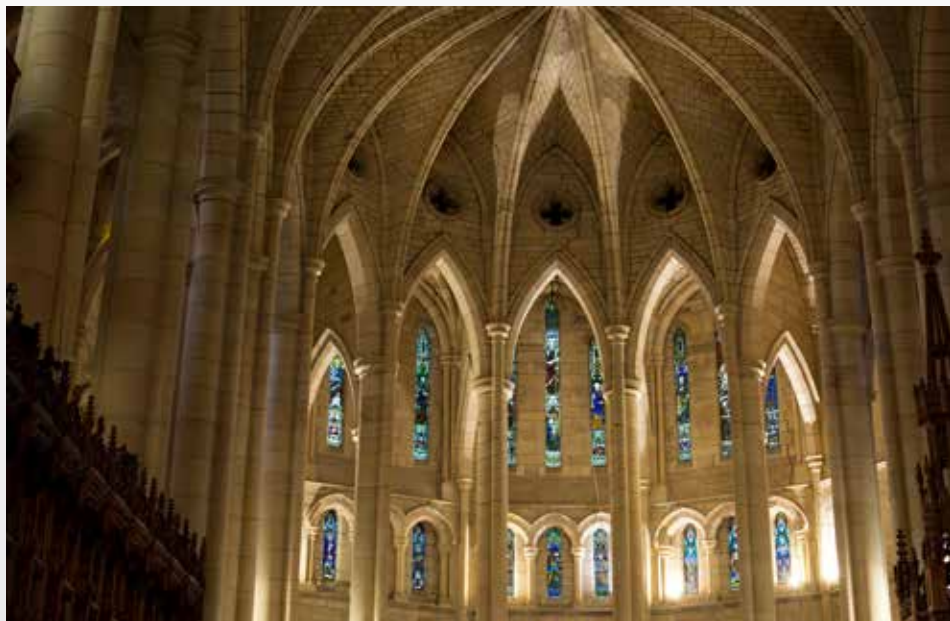
A Brisbane Family Owned Company

ALEX  GOW
FUNERALS

January to March 2024

HELPING QUEENSLAND FAMILIES SINCE 1840

Whilst the history of our business dates back to 1840 as the first ever funeral business in Queensland, it was not until 1909 when Alexander Gow acquired the remaining shares from his partner Walter S. Barrett, that the Alex Gow brand would become Queensland's first and oldest funeral director.



Five generations of the Gow family have worked in the business and today Alexander's grandson Alistair, along with his children and grandchildren continue the tradition of family ownership and the high standards set by their predecessors. We believe that by being family-owned, we are able to give a more personal service and be more flexible to the individual needs of our clients.

We live for our business and everything we do reflects our on-going commitment to providing affordable, quality services to our community. With four locations across SE Queensland Alex Gow Funerals is close by to assist you and your family 24hrs a day.

It doesn't matter if your need is immediate or you're just thinking ahead, the wonderful staff at Alex Gow will be there to guide you through all the options.

Call us anytime at all on 07 3851 7800.

We hope you enjoy our free puzzle book. It's a great opportunity to test your skill and knowledge and keep mentally active. It's also a lot of fun.

Alex Gow puzzle books are supplied free as part of our ongoing commitment to community service. The book is broken up into monthly sections and answers for each month will be published on our website.

WIN A \$100 GIFT CARD

When you visit the puzzle answers page on our website you can enter to go into our monthly draw to win a \$100 gift card.

PLUS, you'll find bonus questions there giving you another opportunity to win!

Full details on page 16

PLAYING SUDOKU

To solve a Sudoku puzzle, every number from 1 to 9 must appear in:

- Each of the nine vertical columns
- Each of the nine horizontal rows
- Each of the nine 3 x 3 blocks

Remember no number can occur more than once in any row, column or 3x3 block.

PLAYING CROSSWORDS

Crosswords are one of the greatest word association puzzles of all time. Our 15x15 crosswords are easy to do in one session or complete over time. Using the clues provided fill in the answers moving left to right and top to bottom. Work with a friend if you want as sometimes two heads are better than one when solving a crossword puzzle. The more puzzles you do, the more familiar you'll be with standard puzzle clues and answers.

PLAYING WORDSEARCH

Find all the words listed hidden in the grid of letters. They can be found in straight lines up, down, forwards, backwards or even diagonally.

PLAYING CODE CRACKER

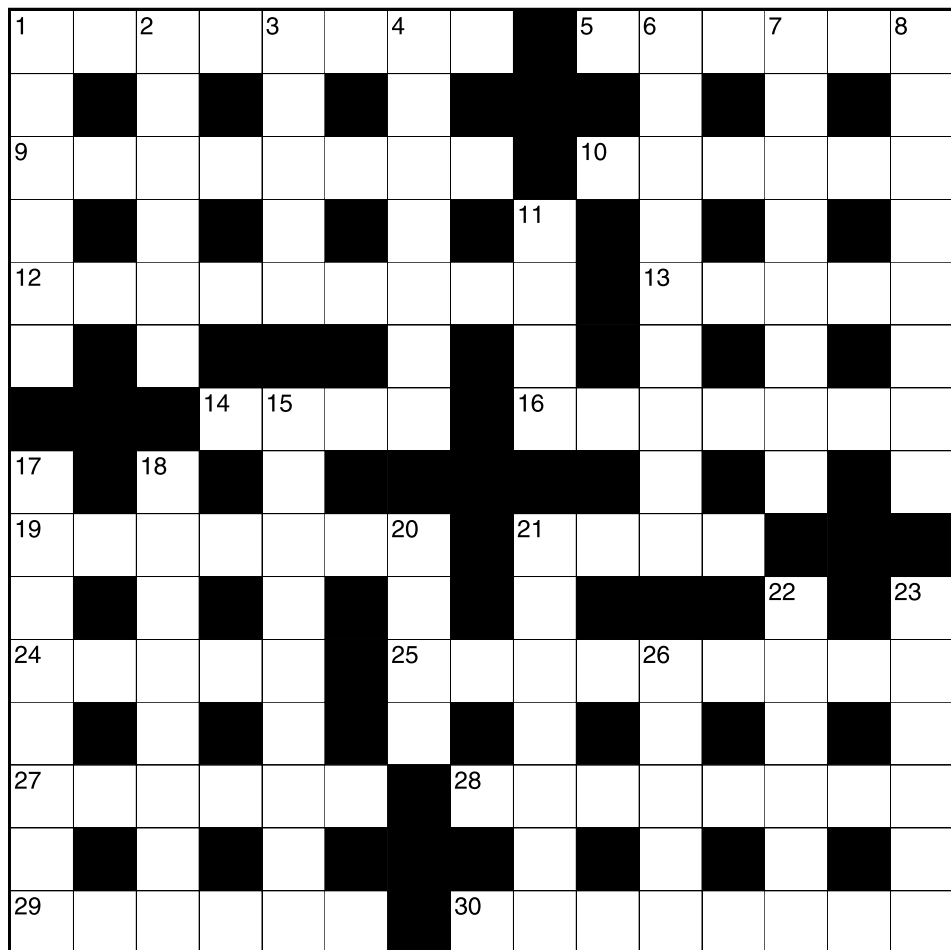
Each number represents a different letter of the alphabet. Work out which number stands for which letter to complete the crossword. We've given you two letters to start. All words are from a dictionary and no proper nouns are used. All letters of the alphabet are not always used. When you have cracked the code fill in the answer in the boxes at the bottom.

PLAYING TRIVIA

Trivia is a great way to test your memory for general knowledge and history. Simply write your answers beside the questions and check to see how many you got right. Great to do with friends or on your own.

COLOURING FOR ADULTS

Like painting and craft, coloring offers a great source for focus and creativity. It has been shown to have stress-reducing benefits and helps with anxiety in people of all ages. It is a great fun social activity it also produces a similar calming effect on the brain to meditation.



ACROSS

- 1. Dribble
- 2. Clear away mess (4,2)
- 3. Comprehends
- 4. Scribble
- 5. Deferred
- 6. Diva, Dame Nellie ...
- 7. Purely
- 8. Actor, ... Banderas
- 9. Pencil rubbers
- 10. Cab
- 11. Disney fawn
- 12. Extreme
- 13. Sudden flows
- 14. Wrongdoings
- 15. Soundest of mind
- 16. Fills with joy

DOWN

- 1. Most confident
- 2. Act as intermediary
- 3. Express
- 4. Weekday
- 5. Levy on wages (6,3)
- 6. Twelve-month-old horse
- 7. Spotted pattern (5,3)
- 8. Notion
- 9. Financial hardship
- 10. Gulls & terns (3,5)
- 11. Hard Italian cheese
- 12. Game, hide & ...
- 13. Discreet
- 14. Mishit in snooker
- 15. Lavish dinners
- 16. Velocity

X	B	E	Z	O	O	M	O	R	P	H	I	C	K	C	D
V	E	C	A	L	P	D	N	A	K	C	I	P	A	I	Z
A	G	N	I	T	S	E	V	R	A	H	Q	R	O	S	N
S	S	C	O	M	P	L	E	X	S	E	P	R	L	D	E
S	E	Z	X	Q	Y	M	S	C	P	R	D	A	T	K	O
E	B	E	S	T	O	G	I	M	O	N	C	W	I	F	M
M	O	L	G	T	E	T	O	D	A	I	S	L	T	U	R
B	R	E	E	N	O	L	U	L	N	C	N	M	V	T	A
L	P	C	M	B	I	C	E	A	O	A	H	I	A	U	D
Y	E	T	O	I	T	G	H	R	M	N	R	I	J	R	E
L	C	R	M	I	L	C	A	U	O	T	H	A	N	E	T
I	A	O	O	U	E	I	H	K	U	B	P	C	Y	E	N
N	P	N	V	M	C	K	T	A	C	A	O	E	E	Z	I
E	S	I	E	T	E	T	L	A	N	A	I	T	H	T	O
S	G	C	S	O	F	T	W	A	R	E	P	K	S	X	J
M	K	C	O	N	T	R	O	L	S	Y	S	T	E	M	F

ANDROID
 ASSEMBLY LINES
 CAR PRODUCTION
 COMPLEX
 CONTROL SYSTEM
 ELECTRONIC
 FUTURE
 HARVESTING
 HUMAN-LIKE
 JAPAN
 JOINTED ARM
 MACHINE
 MECHANICAL
 MILITARY
 MOVE
 PACKAGING
 PICK-AND-PLACE
 REMOTE
 ROBOTICS
 SMART
 SOFTWARE
 SPACE PROBES
 TECHNOLOGY
 TELEROBOTS
 VIRTUAL
 ZOOMORPHIC

Fun With Trivia 1069 -1071

1069. Which African country was formerly known as Abyssinia?

.....

1070. In which European city would you find Orly airport?

.....

1071. Which singer's real name is Stefani Joanne Angelina Germanotta?

.....

2	4		1		5			3
	7	1		6	9		8	
7			5	2		8		9
	2	3		9		1	6	
8		6		7	1			5
	3		6	1		4	2	
4			9		8		5	1

Fun With Trivia 1072 - 1075

1072. Crocodile Hunter, Steve Irwin died in what year?

.....

1073. Fissures, vents, and plugs are all associated with which geological feature?

.....

1074. In what year was soccer play Sam Kerr born?

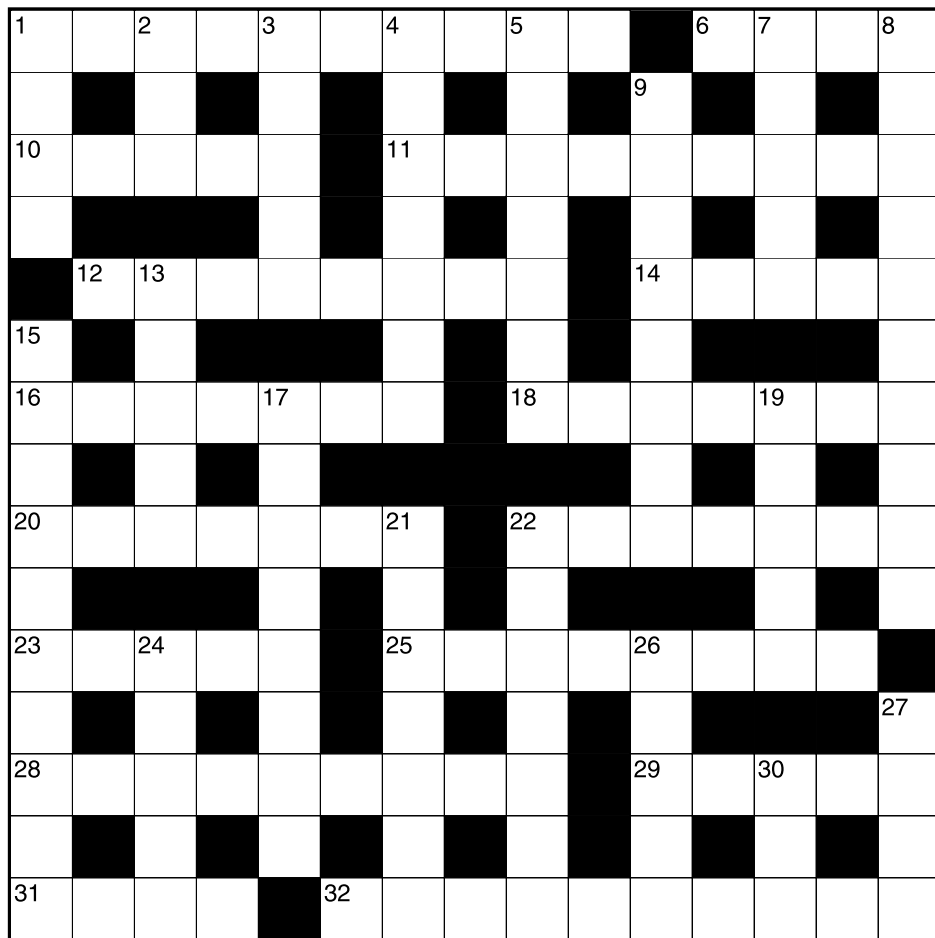
.....

1075. Where did Heineken beer originate?

.....

CLUES													1	2	3	4	5	6	7	8	9	10	
14		5	10	15	5	5	18	3	5	6		14	11										
7	14	21		11		3		9		14	9	4	12										
10		7		14	8	9	10	20		11		9	13										
5	21	13	9	7		21		13	9	16	5	6	14										
	9			14	6	5	8	21			3		15										
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14		5	22	21	11	9	7	14	21	5		19	18										
7	19	10			5		14			7	14	11	19										
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3	14	18		5		6		10		5	4	17	24										
3		2	17	11	11	5	10	6	5	11		20	25										
ANSWER:													26										
18	5	3	9	5	15																		

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z



ACROSS

- 1. Gladly
- 6. Ancient Peruvian
- 10. Horned African beast
- 11. Talked indiscreetly
- 12. Costume fitters
- 14. ... or those
- 16. Cull (4,3)
- 18. Spaghetti-like items
- 20. Pizza variety
- 22. Fish sauce
- 23. Make contact with
- 25. Bombardments
- 28. Preying animals
- 29. Steam burn
- 31. Straightforward
- 32. Near miss (5,5)

DOWN

- 1. Glass containers
- 2. Body mass index (1,1,1)
- 3. Observes, ... at
- 4. Most chivalrous
- 5. Entices (5,2)
- 7. Clinic sister
- 8. Letter recipients
- 9. Slaughterhouse
- 13. Summarise
- 15. Punctuation mark
- 17. Eavesdrop
- 19. Go away
- 21. Involve deeply
- 22. Shoves (forward)
- 24. Districts
- 26. Donkeys
- 27. Untested (boast)
- 30. In vogue, ... mode (1,2)

H	S	A	L	F	A	N	I	I	J	X	K	G	I
Y	S	E	T	U	N	I	M	S	I	H	T	N	I
T	L	B	E	O	W	P	P	Z	F	A	P	I	N
B	D	I	I	C	O	S	E	F	F	X	M	L	S
G	U	T	D	R	I	L	R	Y	Y	M	G	L	T
G	C	R	T	A	T	R	A	D	E	H	Y	E	A
A	N	A	N	N	E	W	T	D	E	P	A	P	N
V	N	I	E	I	A	R	I	N	O	W	D	M	T
T	D	G	L	T	N	A	V	M	F	R	O	O	L
N	R	Z	H	K	T	G	E	A	O	I	T	C	Y
U	Z	G	A	E	N	U	T	N	N	M	R	Q	Z
U	I	S	T	H	G	I	R	T	U	O	E	S	N
R	A	F	O	R	T	H	W	I	T	H	N	N	T
P	S	T	R	A	I	G	H	T	O	F	F	C	T

ACTION
ASAP
BURNING
COMPPELLING
FIRST
FORTHWITH
IMMEDIATE
IMPERATIVE
IMPORTANT
IN A FLASH
INSTANTLY
JIFFY
MOMENT
NOW
OUTRIGHT
READILY
RIGHT AWAY
STRAIGHT OFF
THIS MINUTE
TODAY
TRICE
TWINKLING
URGENT

Fun With Trivia 1076 - 1078

1076. How many signs are there in the Zodiac?

.....

1077. What are the two fruit juices in a cosmopolitan?

.....

1078. What object is said to bring bad luck if it is broken?

.....

4	3				1	9		8
		1	3	9	5		2	
6	5			4			7	1
2			5		8			6
8	1			7			4	2
	2		6	5	9	7		
3		6	8				1	5

Fun With **Trivia** 1079 - 1082

1079. Which country did bagels originate from?

.....

1080. An Apgar score is given to what?

.....

1081. What city did Starbucks open its first store in 1971?

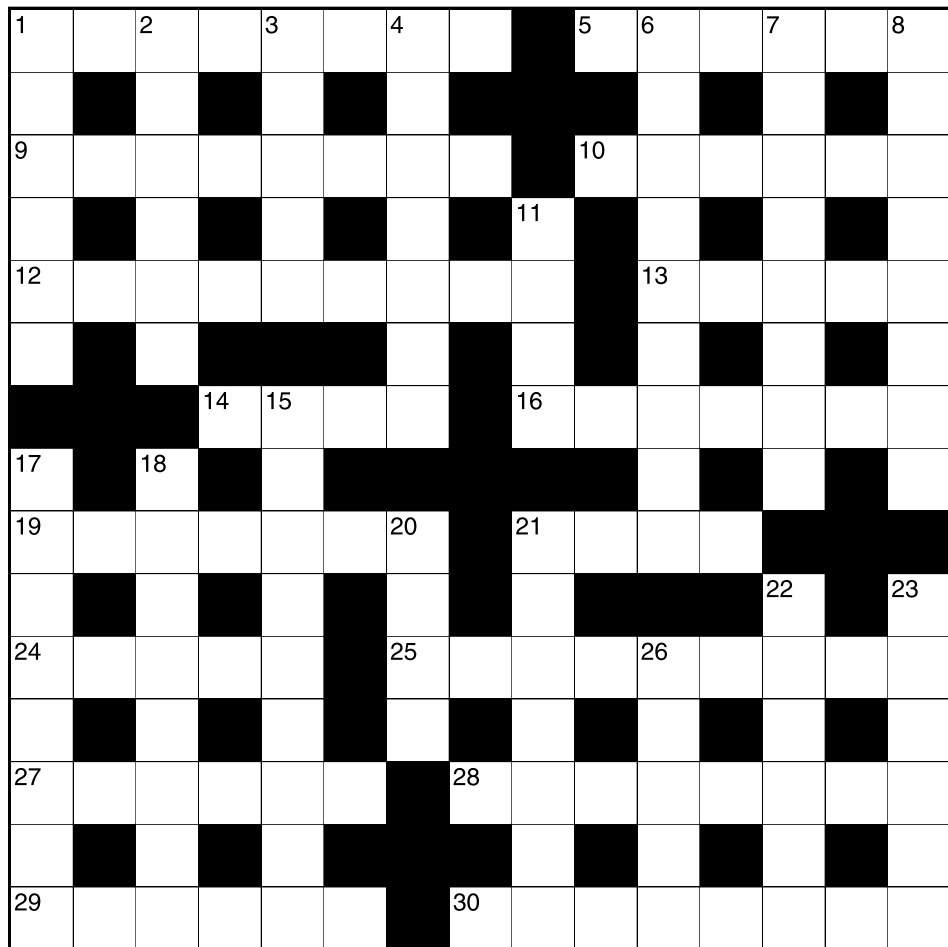
.....

1082. What do you call filo pastry stuffed with chopped nuts and honey or syrup?

.....

CLUES												1	2	3	4	5	6	7	8	9	10					
23	9	15	2	14	2		17	15	13	13	8	14	11	D												
	23		23		15		23		15		5		12													
20	6	19	13		9	5	9		6	15	7	2	13													
6		11	19	1		21		1	15	1		19	14													
23	5	11		23	8	4	16	23		5	8	8	15													
15		8	19	4		8		13	19	7		18	16													
11	23	22		14	3	23	21	2		2	14	14	17													
	12					15					13		18													
20	14	12		12	23	2	7	14		2	19	11	19													
6		14	10	14		5		23	2	4		19	20													
23	22	14		23	9	9	19	7		23	11	11	21													
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10	5	2	2		12	14	11		23	2	10	2	23													
	1		8		23		23		5		5		24													
2	10	5	14	6	2		9	15	6	2	7	2	25													
ANSWER:												9	14	2	7	19	12									26

ABC ~~D~~ EFGHIJKL MN O ~~Q~~ RSTUVWXYZ

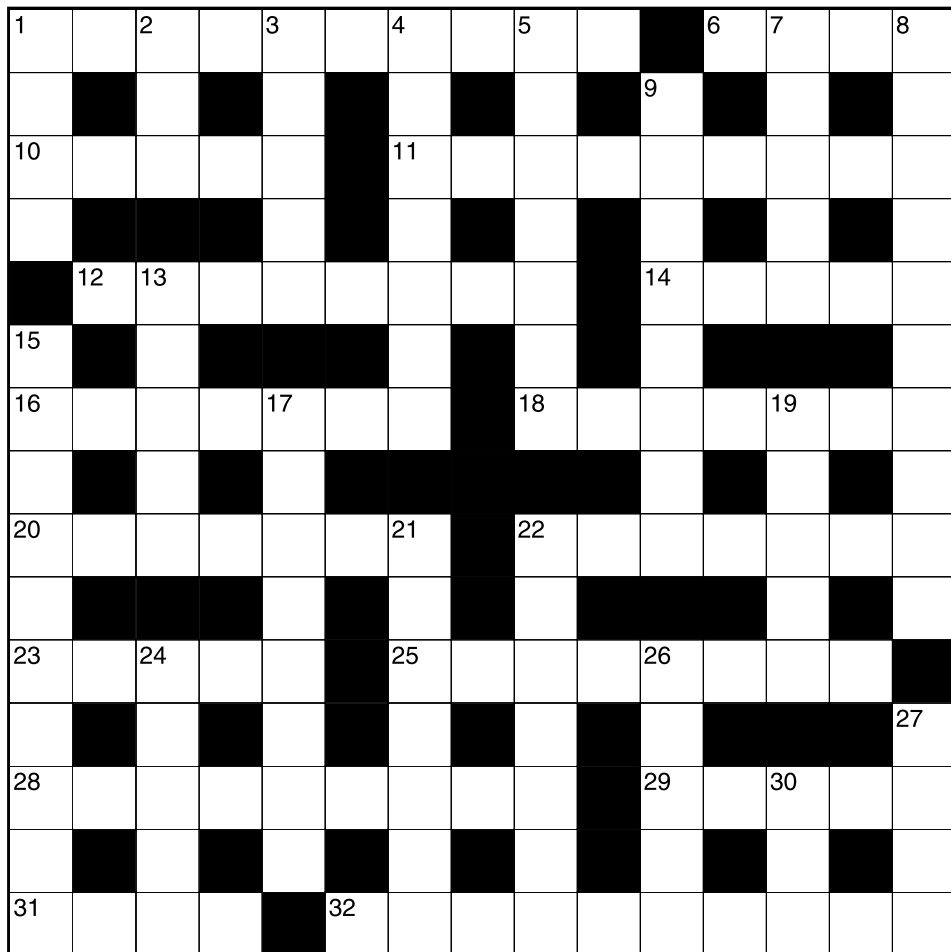


ACROSS

- 1. Leaves high & dry
- 5. Cocktail, piña ...
- 9. Catastrophe
- 10. Mouthful of abuse
- 12. Loosening up
- 13. Undisguised (hostility)
- 14. Tomahawks
- 16. Windier
- 19. Salad item, ... sprouts
- 21. Paths
- 24. Greek fable teller
- 25. Unopposed (decision)
- 27. With directness (4-2)
- 28. Courted
- 29. Sister's girls
- 30. Efforts

DOWN

- 1. Earn (interest)
- 2. Improvises (2-4)
- 3. Evil spirit
- 4. Dolts
- 6. Threateningly
- 7. Scholar
- 8. Lens opening
- 11. Very eager
- 15. Wooden-bar instrument
- 17. Long race
- 18. In theatre wings
- 20. Greenish-blue
- 21. Become threadbare (4,3)
- 22. Reinforced boot tip
- 23. Stage whispers
- 26. Furious



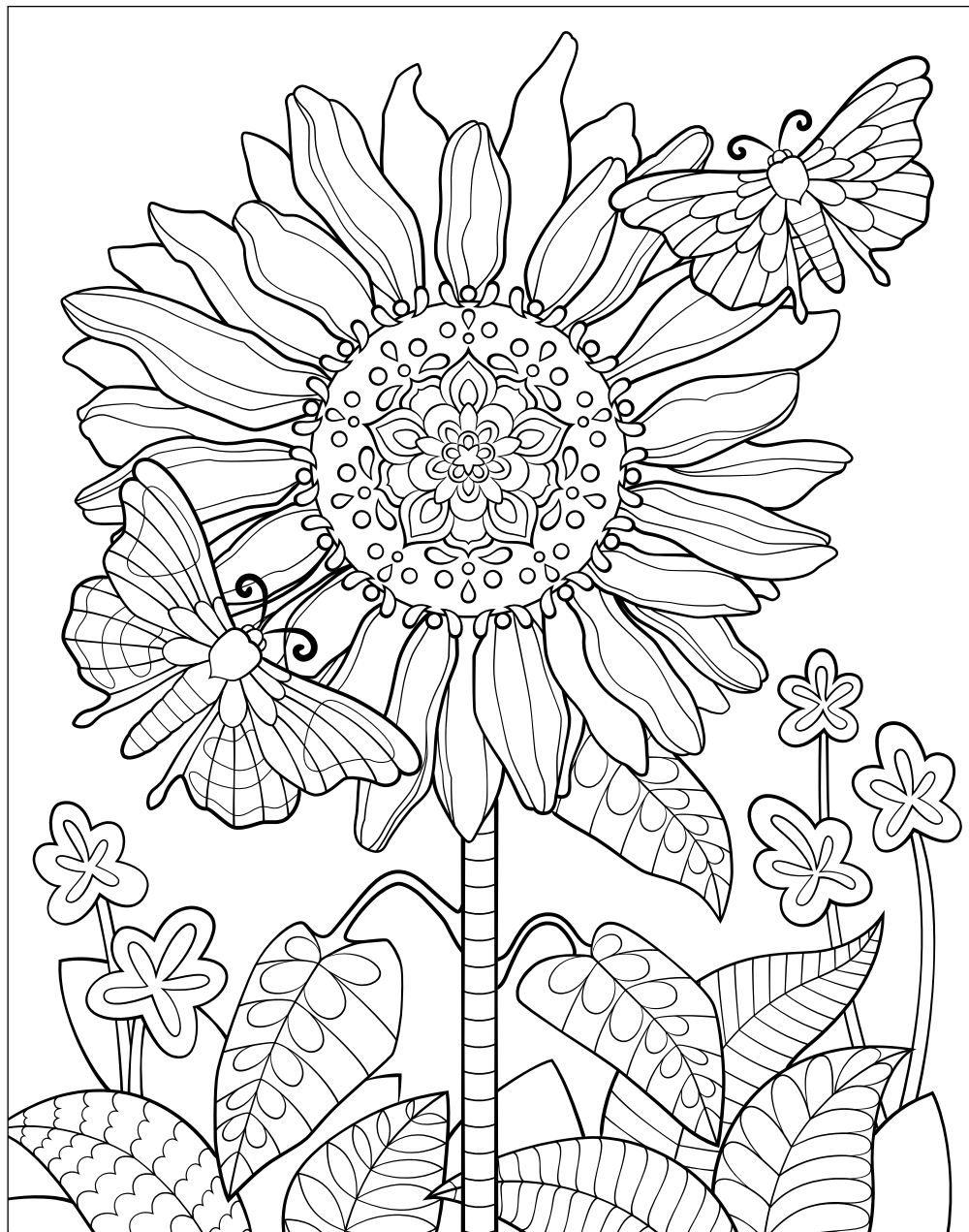
ACROSS

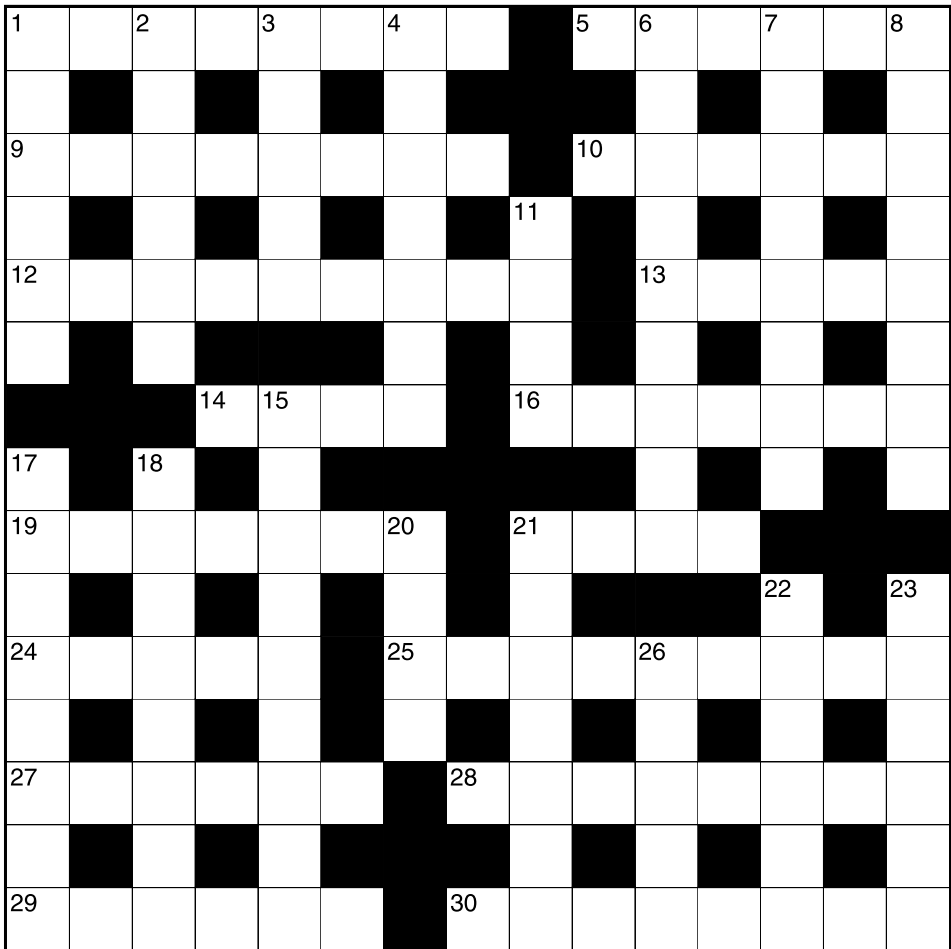
1. Isolate
6. Backyard grills
10. Leg/foot joint
11. Plunderers
12. Rough (manner)
14. Get by begging
16. Groups of six
18. Discolours with age
20. Harsh experiences
22. Biblical city

23. As a whole (2,3)
25. Tyre
32. Hindsight
28. Wearying (6,3)
29. Switzerland's currency
31. Sketch
32. Hindsight

DOWN

1. Multiple-birth child
2. Question
3. Sports ground
4. Bellies
5. Infant's room
7. Haemorrhage
8. Postponement
9. Beefy
13. Packed in carton
15. Affiliated
17. Sending via internet
19. Take place
21. Guess
22. School handyman
24. Major artery
26. Squabbles
27. Shoo!
30. Yes





ACROSS

- 1. Tolerable
- 5. Valuable wool
- 9. Breathing tubes
- 10. Whitener
- 12. Denying ownership of
- 13. Squander
- 14. Air pollution
- 16. Study of nature
- 19. Ramble

- 21. Army car
- 24. W African republic
- 25. Cheek
- 27. Country, Saudi ...
- 28. Remove jockey's seat
- 29. Pang
- 30. Loosens

DOWN

- 1. Along
- 2. Stimulate
- 3. Crooked
- 4. Sitting lazily
- 6. Untarnished (4-5)
- 7. Accumulating
- 8. Successful person
- 11. Swollen heads, big ...
- 15. Arbitrating
- 17. Expatriate
- 18. Squid
- 20. Hazard
- 21. Record log
- 22. Syringe tip
- 23. Gauge (difficulty)
- 26. Physicist, ... Newton

WIN a \$100 Gift Card

January

Find all the answers and solutions to our puzzles at www.alexgowfunerals.com.au and each month you can go in the draw to win a Gift Card valued at \$100



It's so simple!

Once you have finished your January puzzles, simply log onto the website and click the **PUZZLE Answers & Solutions button**. Once you're on the puzzles page just click on **January Answers & Solutions icon**. Just by logging in you'll go into the draw to win a \$100 Gift Card and get access to all the puzzle answers for that month.

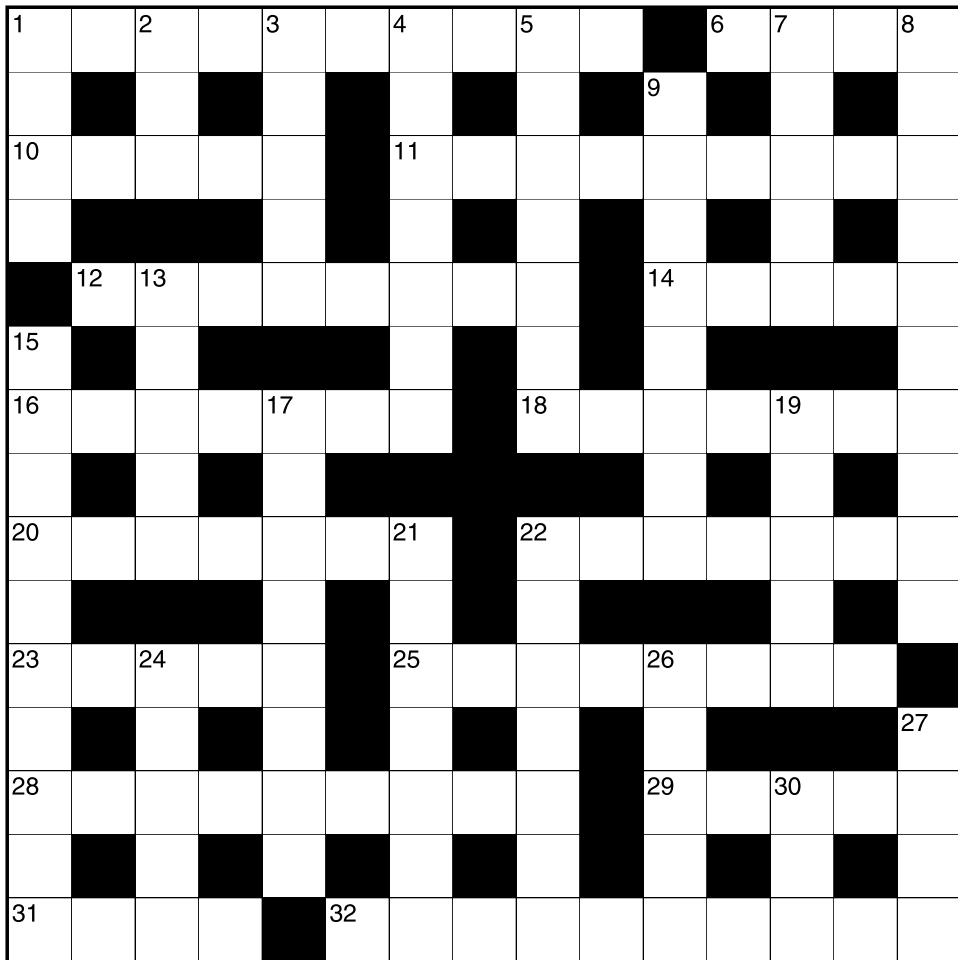
You'll also find 2 online bonus questions. Answer them correctly and you will receive an extra entry in the \$100 Gift Card draw. It's all so easy. **HINT:** the answers to the bonus questions can be found on our website.

The same applies to February and March puzzle answers. Just click on the icon and all the answers will be there for you. Answers & Solutions will all be published on the 1st of each month and added to the website.

- January Answers & Solutions – published on 1st January 2024
- February Answers & Solutions – published on 1st February 2024
- March Answers & Solutions – published on 1st March 2024

The Gift Card winners will be drawn on the 7th day of month immediately following entry. Winners will be notified via email or phone based on nominated preference. Winners are drawn randomly by Alex Gow staff and all decisions are final. No correspondence will be entered into. Winners agree to have their photo and image published to verify their win.

**Do you need an extra Puzzle Book for a friend or relative?
They can be downloaded or printed from the Puzzle Page
on the website www.alexgowfunerals.com.au**



ACROSS

- 1. Throat lump (4'1,5)
- 6. Amongst
- 10. News outlets
- 11. Powered bicycle
- 12. Shabbier
- 14. Positioned
- 16. Refusing (UN resolution)
- 18. Lower back pain
- 20. Stuffing
- 22. Danes' country
- 23. Synagogue scholar
- 25. Omaha is there
- 28. Informers
- 29. Biting gnat
- 31. Did breaststroke
- 32. Social customs

DOWN

- 1. Bank machines (1,1,2)
- 2. All-wheel drive (1,1,1)
- 3. Rise to feet
- 4. Inflating, ... up
- 5. Sideways (movement)
- 7. Slightly wet
- 8. Matted strands hairstyle
- 9. Celt
- 13. Loathed
- 15. Boils off
- 17. Set in motion
- 19. Stunned, taken ...
- 21. More tender
- 22. Degraded
- 24. Lightweight timber
- 26. Allow inside
- 27. Congeals
- 30. Pair

It makes good sense to pre-plan your funeral



Ease the burden on your family

If your wishes are known when you die, they won't be faced with making difficult decisions at a trying time. But when planning with the Alex Gow, there is also provision where you can leave permission for your family to change your wishes, should the need arise. This doesn't mean they have complete freedom to change everything, but it does show that you trust those left behind to carry out your wishes and at the same time fulfil their personal needs as they face your passing.

Assume financial responsibility

Planning ahead enables you to make financial arrangements to cover your funeral costs. Even if you are leaving behind sufficient money, will your survivors be able to access it? Life insurance and superannuation payouts are quite often not available when it comes time to pay for funeral expenses. And unfortunately, with Funeral insurance there is no guarantee it will be used to pay for your funeral. Pre-paying gets it all sorted and out of the way so you can move on confidently.

Help your family to have the benefit of a meaningful funeral

A funeral is an important event for a grieving family. Psychologically, it enables the family to begin the healing process. Families benefit emotionally and socially by honouring the lives of their loved ones with a fitting ceremony and by giving them a proper send off they will remember.

4 great reasons to choose an Alex Gow Pre-arranged Funeral

1. We're local, just like you

Alex Gow Funerals is a Brisbane family owned business with almost 180 years of experience looking after local families.

2. We offer guaranteed security

Alex Gow Funerals recommends you place your investment in a Sureplan Funeral Bond. Sureplan Friendly Society is a Queensland company owned by its members since 1935 and therefore all members benefit from lower premiums and higher returns.

3. We offer real options

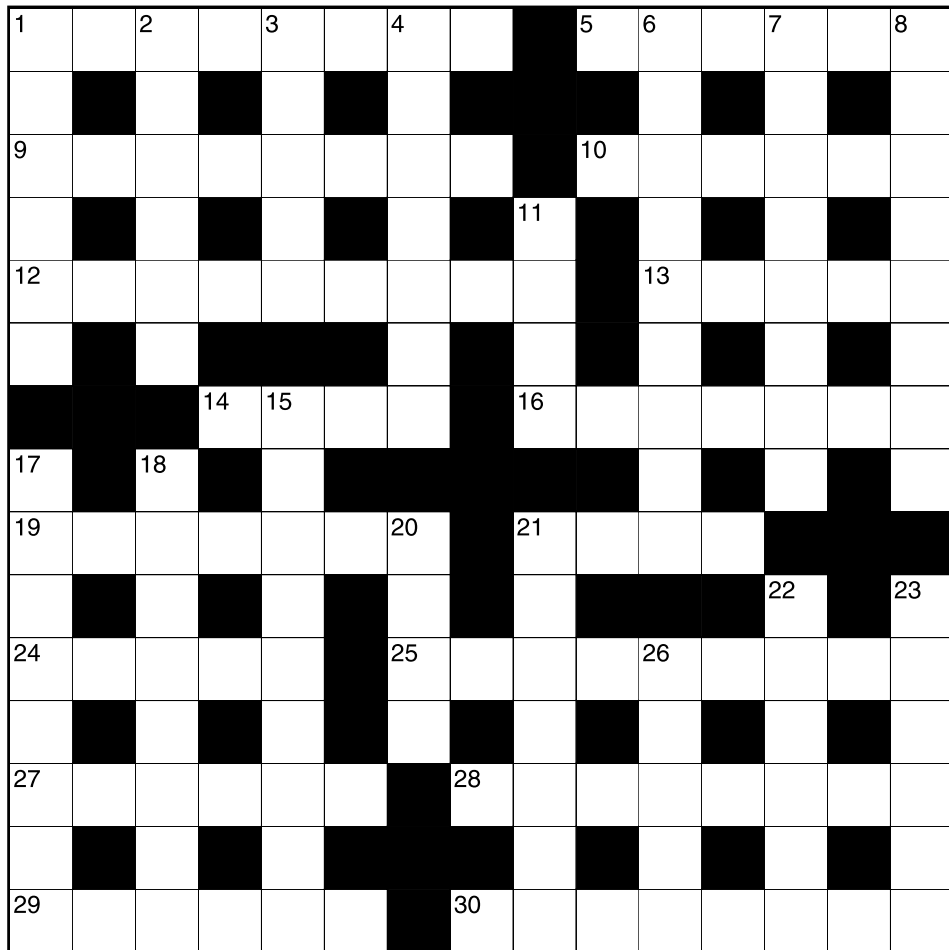
The unique flexibility of the Alex Gow Executor Funeral Plan gives you a wide choice of options so you can tailor your plan to suit your own individual requirements. You can invest up to \$13,500 in a funeral bond for each person and this is not subject to the Governments Income and Assets Tests. So, your pension entitlements are protected.

4. We're flexible to ensure you get what YOU want

At Alex Gow Funerals we have no lock-in contracts so once you have completed your Executor Funeral Plan you can change your details at any time. There are also no financial penalties imposed should you move interstate or to an area where Alex Gow Funerals cannot carry out your Executor Plan funeral.



Pre-arranged Funerals



ACROSS

- 1. Roofs with straw
- 5. Sat (exam) again
- 9. Floor hatch
- 10. Lyrical (writing)
- 12. Washhouses
- 13. Gives off
- 14. Ajar
- 16. Elevated flat region
- 19. Actor, ... Peck
- 21. Gnaw
- 24. Wood-smoothing tool
- 25. Avocado dip
- 27. Prevents (disaster)
- 28. Left high & dry
- 29. Owned by those people
- 30. Malnourished

DOWN

- 1. Amounts to
- 2. Bead calculator
- 3. Encrypted
- 4. Soil depletion
- 6. Absolve
- 7. Survived longer than
- 8. Dismisses (5,3)
- 11. Quickly (1,1,1,1)
- 15. Cinema apparatus
- 17. Aubergine
- 18. From Beirut
- 20. Hindu exercise routine
- 21. Reprove
- 22. Keen on (4,2)
- 23. Castrated (horse)
- 26. Wane

R	E	S	T	T	R	A	D	I	T	I	O	N	A	L
W	E	L	R	X	N	F	Y	G	R	E	L	C	J	R
Y	I	L	D	E	R	A	N	S	S	R	F	M	E	W
K	W	Q	I	I	R	I	R	N	E	L	E	T	E	E
N	V	E	E	G	S	A	E	B	O	S	S	M	N	D
E	U	N	L	S	I	C	E	W	E	I	O	E	P	D
M	D	N	E	L	I	O	E	B	G	L	C	R	R	I
S	I	L	I	L	W	R	U	E	G	K	E	O	O	N
M	B	K	R	F	S	I	R	S	W	N	T	C	C	G
O	R	D	E	R	O	F	S	E	R	V	I	C	E	B
O	P	E	H	U	O	R	A	H	B	K	H	R	S	A
R	M	V	S	G	S	R	M	K	E	Y	W	A	S	N
G	T	S	U	Z	M	O	T	H	E	R	C	V	I	D
L	R	I	G	R	E	W	O	L	F	G	S	A	O	S
Q	S	D	I	A	M	S	E	D	I	R	B	T	N	L

- BLESSING
- BRIDESMAIDS
- CELEBRANT
- CLERGY
- CRAVAT
- FLOWER GIRL
- FLOWERS
- FRIENDS
- GROOMSMEN
- KILT
- LICENSE
- MOTHER
- NECKWEAR
- ORDER OF SERVICE
- PROCESSION
- REGISTER
- RELIGIOUS
- RING BEARERS
- ROSES
- TRADITIONAL
- UNIFORM
- USHER
- WEDDING BANDS
- WELL-WISHERS
- WHITE

Fun With Trivia 1083 - 1085

1083. What object did Ben Franklin attach to the end of a kite string to prove that lightning is electricity?

.....

1084. In what Australian city was World Expo 88 held?

.....

1085. In what year did Brisbane's first Gateway Bridge open?

.....

					7		6	
			6			7		3
	7			1	3	8		9
6			3		5		2	8
5	8						7	4
1	2		9		4			6
9		5	2	3			8	
7		4			1			
	3		7					

Fun With Trivia 1086 - 1089

1086. Galileo was the citizen of which country?

.....

1087. Who was the only US President to resign?

.....

1088. Who wrote songs for The Lion King?

.....

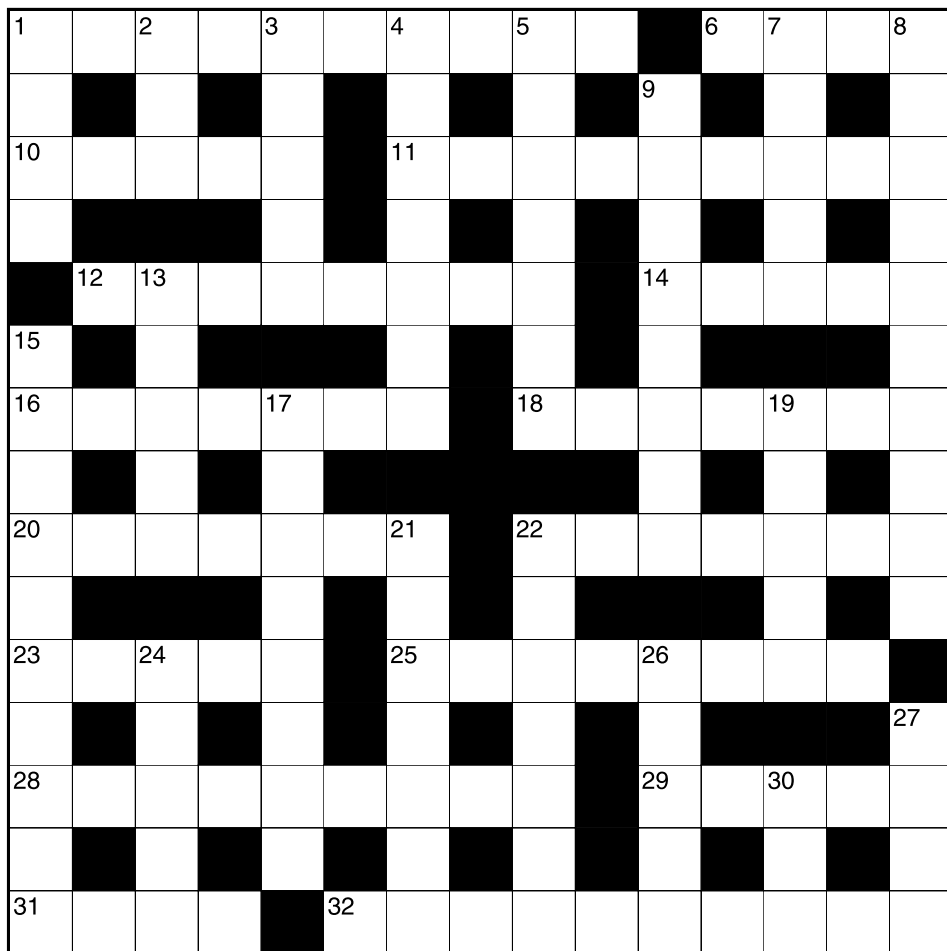
1089. What country has the most vending machines per capita?

.....

Code Cracker No: 143

CLUES												1	2	3	4	5	6	7	8	9	10
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ANSWER:																					
21	15	1	1	15	9									26							

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z



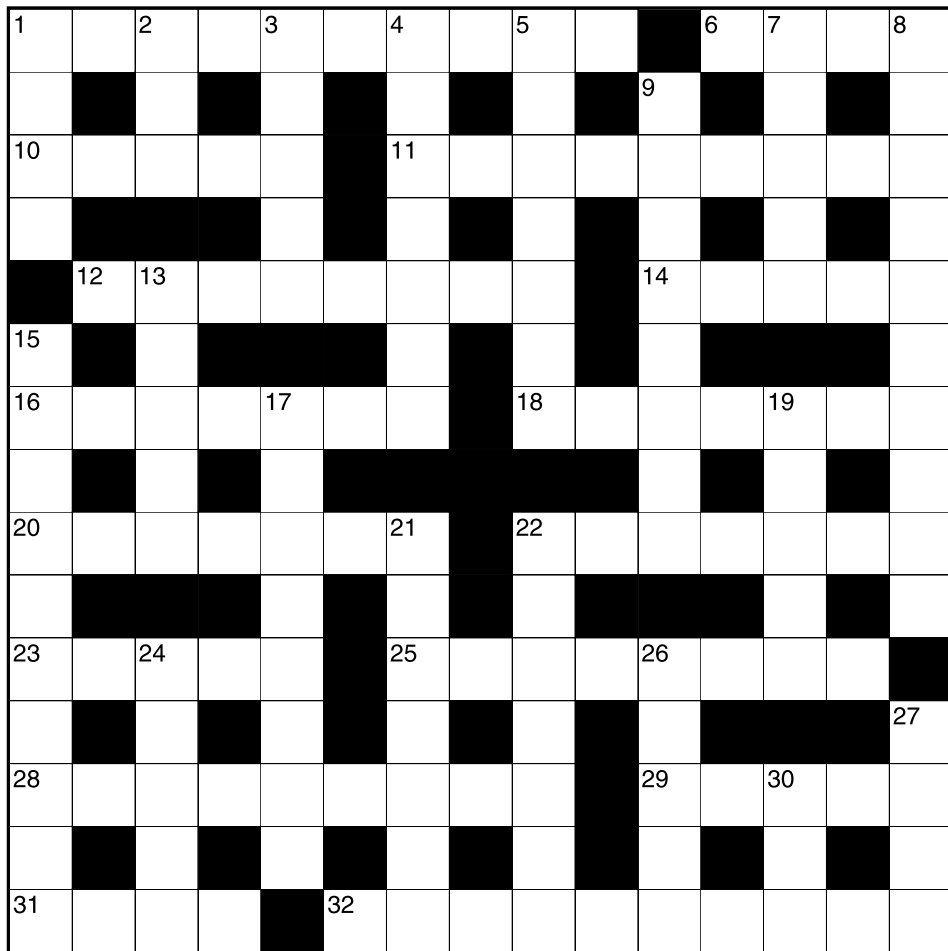
ACROSS

- 1. Unselfishly
- 6. Keen
- 10. Sharpens (appetite)
- 11. Undecorated
- 12. High & mighty
- 14. Simple
- 16. Drugs (racehorse)
- 18. Actress, Kristen ...
- 20. Christmas treat
- 22. Strong purpose
- 23. Dessert, ... caramel
- 25. Reacclimatise
- 28. Ambiguous (meaning)
- 29. Opera singer, prima ...
- 31. Tern relative
- 32. Gossipy person

DOWN

- 1. Plants (seeds)
- 2. Sheltered side
- 3. Lariat
- 4. Shrill laughs
- 5. Building annexes (4-3)
- 7. Missile fins
- 8. Devoting
- 9. Cynics
- 13. Fanatical
- 15. Scrutinising
- 17. Dawdled
- 19. Corrosive fluids
- 21. Decorate with herbs
- 22. Unkindest
- 24. Oust
- 26. Magistrate
- 27. Tailless feline, ... cat
- 30. Pen tip





ACROSS

- 1. Range of known words
- 6. Walk offstage
- 10. Baghdad citizen
- 11. Determine (dispute)
- 12. Desire for food
- 14. Hornet relatives
- 16. Bolt shifter
- 18. Austrian pastry
- 20. Generally speaking
- 22. Indecent
- 23. Muslim religion
- 25. Precious stones
- 28. Bequeaths (5,4)
- 29. Xbox or Wii player
- 31. Soap bubbles
- 32. Floored (boxer) (7,3)

DOWN

- 1. Image-conscious
- 2. Spy agency (1,1,1)
- 3. Fawn shade
- 4. Having more foliage
- 5. Thieves
- 7. Takes bone photos (1-4)
- 8. A law unto ...
- 9. Cruise-ship waiters
- 13. Coat with gold
- 15. Astounds
- 17. Close call (4,4)
- 19. Foreboding
- 21. Kip (3-4)
- 22. Marine
- 24. Striped
- 26. Pond surface growth
- 27. Gravel
- 30. China's ... Zedong

Q	L	M	I	V	O	R	Y	B	I	L	L	E	D	S
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L	S	U	N	V	M	A	R	R	X	A	Z	N	I	J
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- ARBOREAL
- BARBET
- BAR-BREASTED
- CHICKS
- DRILLING
- DRUMMING
- FLAMEBACKS
- FORESTS
- GRUBS
- HONEYGUIDE
- IMPERIAL
- INSECTS
- IRIDESCENT
- IVORY-BILLED
- JACAMAR
- NEST
- PICULET
- PUFFBIRD
- SAPSUCKERS
- STICKY TONGUES
- TREE CAVITIES
- WOODLAND

Fun With Trivia 1090 - 1092

1090. Which fruit floats because 25% of its volume is air?

.....

1091. What's the brightest star in the sky?

.....

1092 The Eiffel Tower was originally intended for what city?

.....

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4	5	6	3				1	
1						3		
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Fun With Trivia 1093 - 1096

1093. Carrots are a good source of which vitamin?

.....

1094. What is the name of the prehistoric town in which The Flintstones live?

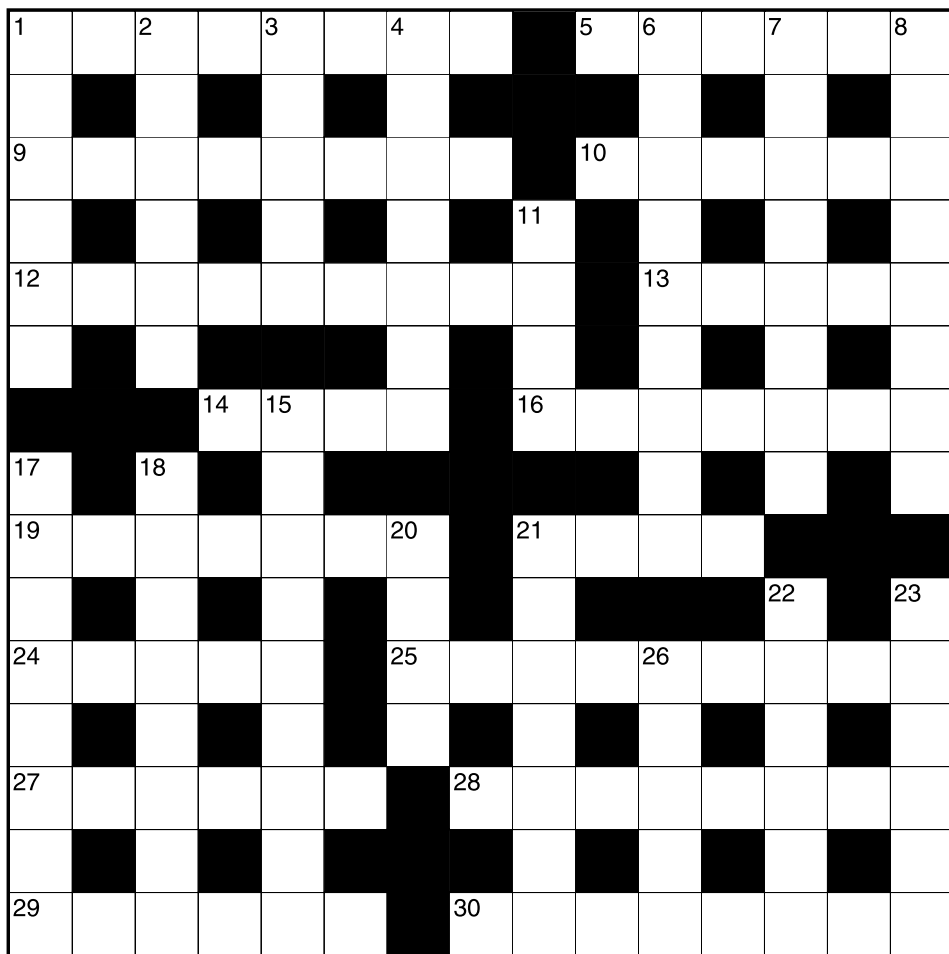
.....

1095. What is the driest continent?

.....

1096. What blood type qualifies as a universal donor?

.....

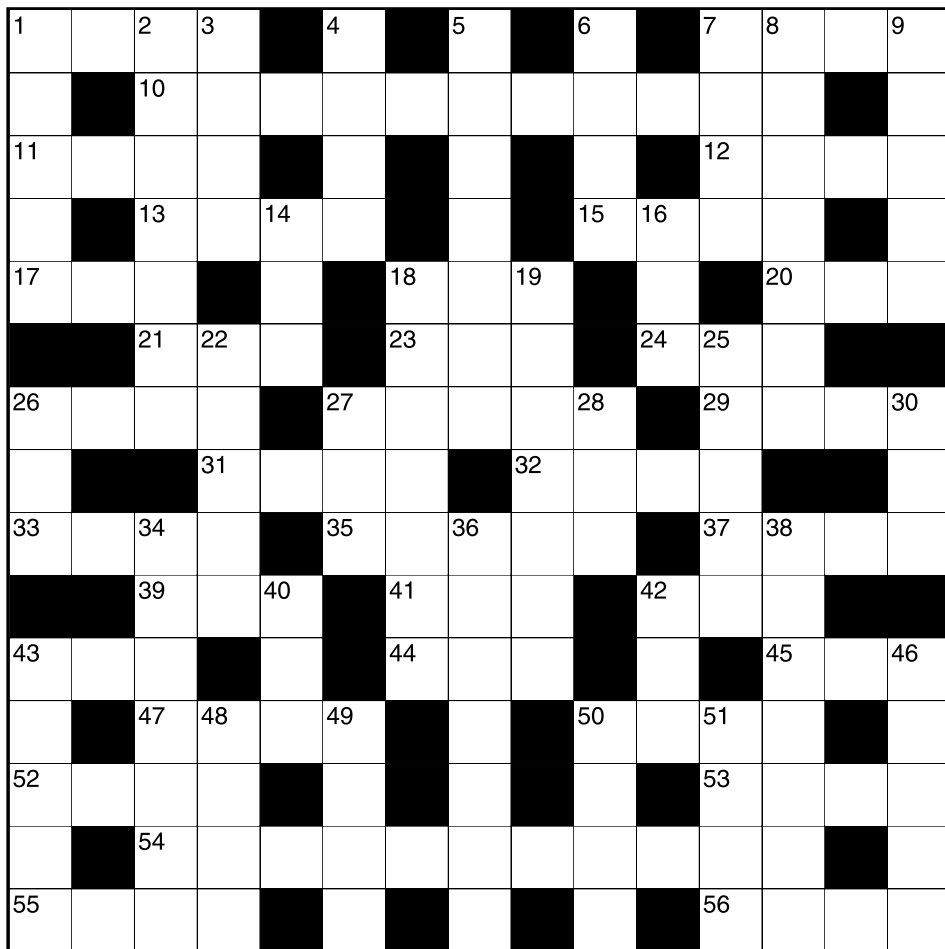


ACROSS

- 1. Envy
- 5. Fleet of warships
- 9. Diluted
- 10. Suspicions
- 12. Tarrying
- 13. Supply (uniforms)
- 14. Support, ... with
- 16. Architectural atrocity
- 19. Soft & limp
- 21. Shove
- 24. Waned
- 25. Airline worker, flight ...
- 27. Conforming, ... the line
- 28. Cleaning (ship's deck)
- 29. Wiped (furniture)
- 30. Hurricanes

DOWN

- 1. Gemstones
- 2. Oil-rich nation, Saudi ...
- 3. Unhealthy fat
- 4. Germ-free
- 6. Spaciousness
- 7. Fireproof material
- 8. Replied
- 11. Evil giant
- 15. Occurrence
- 17. Made a difference to
- 18. Casino regulars
- 20. Cult actor, James ...
- 21. Foot track
- 22. Restricted portion
- 23. Theatre platforms
- 26. Peace prize

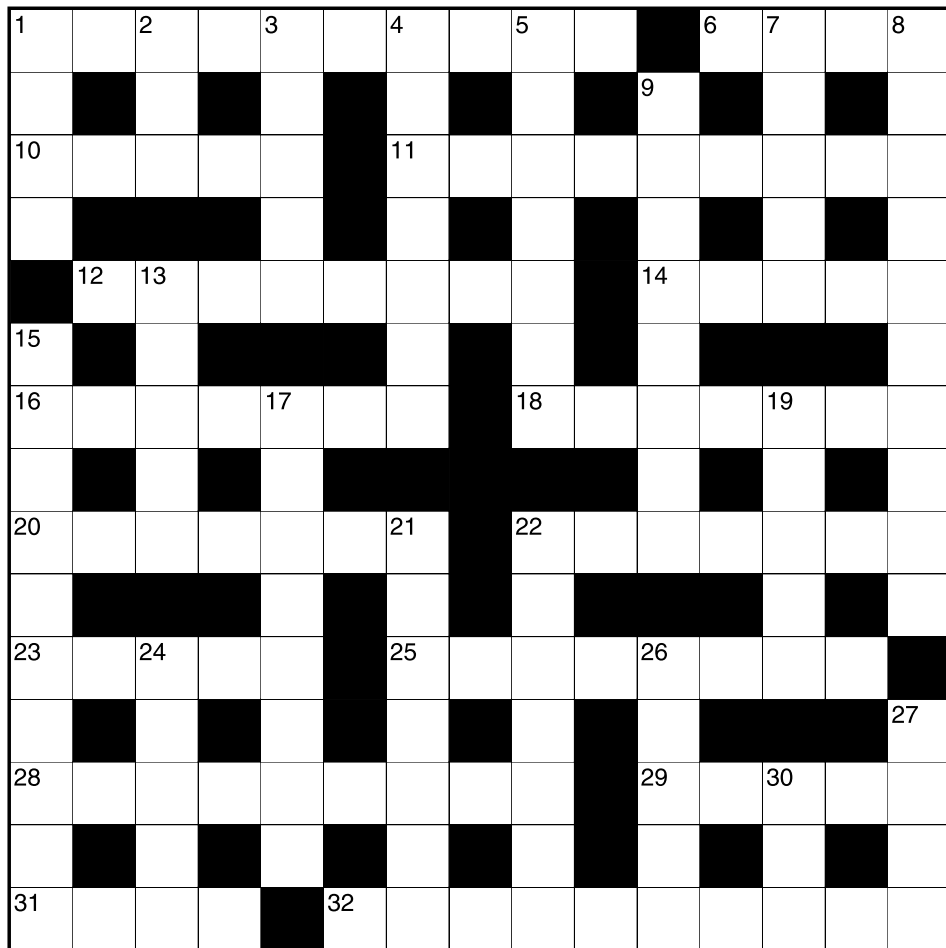


- | | | |
|---|---|---|
| <p>ACROSS</p> <ul style="list-style-type: none"> 1. Balls 7. Competent 10. Adapt to weather 11. Bluefin fish 12. Sharp taste 13. Colourless 15. Cripple 17. Spy group (1,1,1) 18. Cushion 20. Rage 21. Opening 23. Tertiary student campus 24. Brown in sun 26. You (archaic) 27. Types of saxophones 29. Grotesque 31. Replaces, ... for | <ul style="list-style-type: none"> 32. Burlesque star 33. Bullets 35. Wary 37. Behaves 39. Choose 41. ... the season to be jolly ('3) 42. Wool thickness 43. Taxi 44. Before (poetic) 45. Masticated cow food 47. Frosts 50. Acclaim (as) 52. Dominate, ... the roost 53. Pickle flavouring 54. Connects power to 55. Trial run, ... drive 56. Pedigree farm | <p>DOWN</p> <ul style="list-style-type: none"> 1. Of sight 2. Wound dressing 3. Disfigure 4. Large chunk 5. Embed surgically 6. Derive (from) 7. Italian sparkling wine 8. Smiling broadly 9. US bird emblem 14. Sound booster 16. Paintings 18. Throb 19. Church district 22. Greek fable teller 25. Of hearing 26. Hot beverage 27. Alphabet (1,1,1) 28. Once bitten, twice ... 30. Absolutely! 34. Hanging sculptures 36. Bridge struts 38. Tour de France competitor 40. Collar & ... 42. ... & ham soup 43. Gem weight measure 46. Allotted, ... out 48. Irishman 49. Drink using straw 50. Stereo unit (2-2) 51. Beware the ... of March |
|---|---|---|

CLUES													1	2	3	4	5	6	7	8	9	10
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ANSWER:													26									
9	13	22	19	12	8																	

ABCDEFGHIJKLMNOPQRSTUVWXYZ





ACROSS

- 1. Isolate against infection
- 2. Trade
- 10. Sir ... Newton
- 11. Deadly snow slide
- 12. Italian island
- 14. Scrooge
- 16. Circus swing
- 18. 'Banjo on my knee' state
- 20. Medical treatment
- 22. Bordering with shrubs
- 23. Tripe or liver
- 25. Placing boundaries on
- 28. Crucial
- 29. In the Arctic Circle
- 31. Detergent foam
- 32. Over-assertive

DOWN

- 1. Leave job
- 2. Flat ... pancake (2,1)
- 3. Shorted out
- 4. Apprentice
- 5. Canadian waterfalls
- 7. Candle strings
- 8. Prepare in advance
- 9. Rural worker (4,4)
- 13. Wane
- 15. Office suppliers
- 17. Facilitating
- 19. Foreigner
- 21. Squealing
- 22. More unassuming
- 24. Welded
- 26. Uses word processor
- 27. Gratis
- 30. Frangipani garland

J	G	H	S	M	E	V	A	C	S	U	L	A	T	S
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- BATS
- CAVERN
- COLUMNS
- DOLOMITE
- FAULTS
- FISSURES
- FLOWSTONES
- GALLERIES
- GROTTO
- LIMESTONE
- LITTORAL CAVE
- POTHOLING
- SEA CAVES
- SHAFT
- SODA STRAWS
- SPACE
- SPELEOLOGIST
- SPELEOTHEM
- STALACTITES
- STALAGMITES
- TALUS CAVE
- TROGLOBITES
- TROGLOPHILES

Fun With Trivia 1097 - 1099

1097. What is the most abundant metal in the Earth's crust?

.....

1098. What is the most abundant element in the universe?

.....

1099. Robin Williams won a best supporting actor Oscar for what film?

.....

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Fun With Trivia 1100 - 1103

1100. What was the first Disney animated film based on the life of a real person?

.....

1101. What character did Michael J. Fox play in 'Back to the Future'?

.....

1102. A flamboyance is a group of what animals?

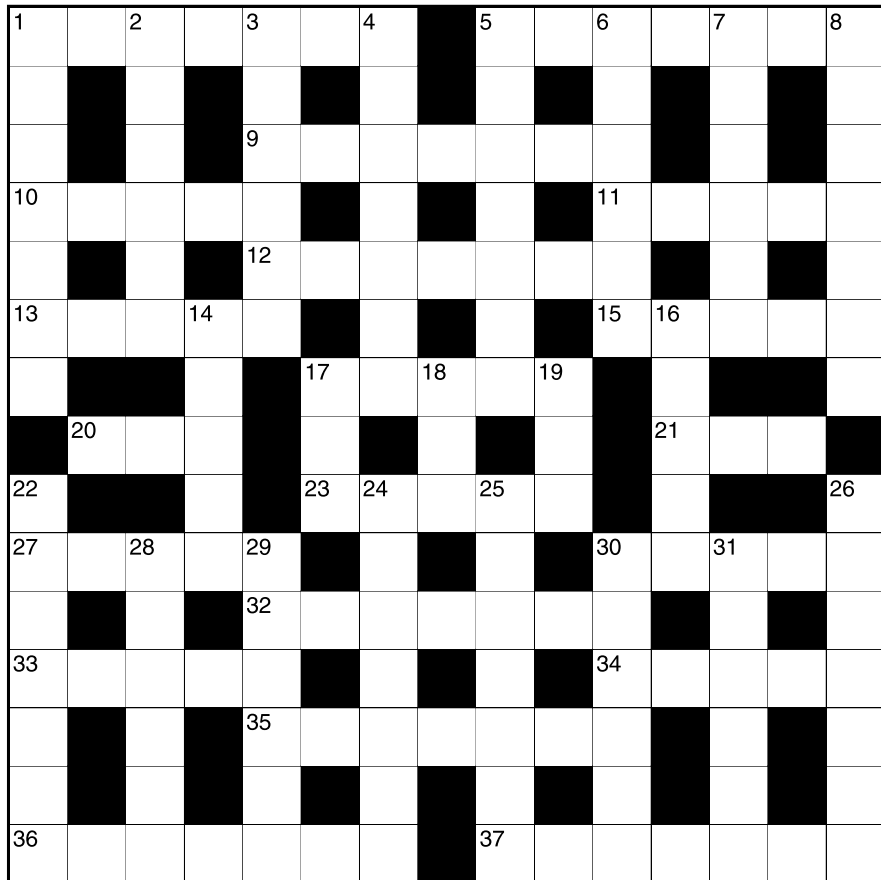
.....

1103. What was the predecessor to the United Nations?

.....

CLUES													1	2	3	4	5	6	7	8	9	10	
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ANSWER:																							
18	15	17	17	10	12								26										

A B C D E F G ~~H~~ I J K L M N O P Q ~~R~~ S T U V W X Y Z



ACROSS

1. Hypnotic states
5. Market stallholders
9. Remodels
10. Flinch
11. Impelled
12. Daytime shaft of light
13. Jugs
15. Spam, junk ...
17. Withdraw, ... out
20. Clean (fish)
21. Sprinted
23. Whiter

27. Bring to bear
30. Haul
32. Sleepily
33. Voodoo nation
34. Vein, ... vessel
35. Farm vehicle
36. Hearing distance
37. Amusement park bumper cars

DOWN

1. Prawn-catching boat
2. Tree-lined road
3. Stroke fondly
4. Sixth, ..., eighth
5. Moderates
6. Presume
7. Puzzle
8. Coastal biting insect
14. Helicopter part
16. Radio code
17. Small explosion
18. Feel unwell
19. Misjudge
22. Sewer gas
24. Insistent
25. Turned out (tenant)
26. Becomes flushed
28. Medicinal drink
29. Tic
30. Cross between two species
31. Urgently (2,4)

More than just a meal

Sometimes, the pressures of life brought about by ill-health, a disability or depression impact on our motivation, desire or ability to cook. Yet to remain healthy and enjoy life, we need to eat nutritious meals.

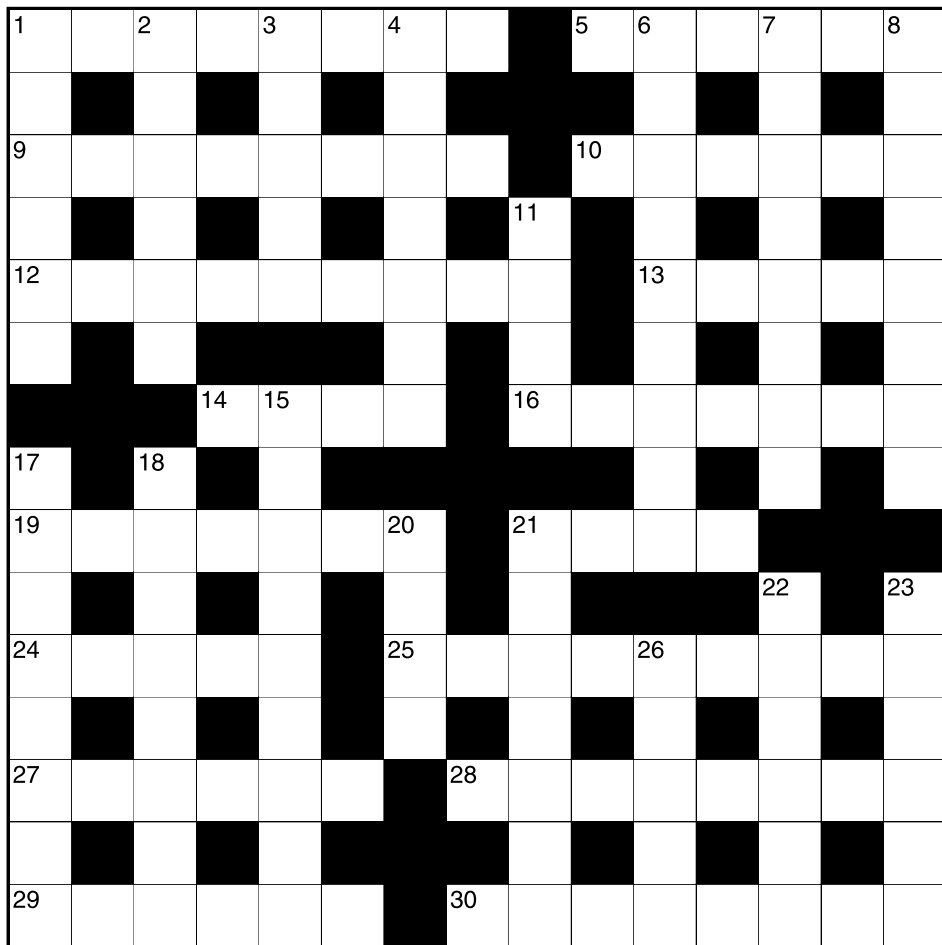


Our sense of independence can be challenged by admitting we might need a little help but Meals on Wheels is here to deliver more than just a meal to you. Whether you need meals every day, or just a few to help on those days you are not at your best, there is support available for you.

The easiest way to find out about services is to ring your local Meals on Wheels service. Their numbers are listed below. They will be more than happy to explain how their particular service operates, and how to get started.

ACACIA RIDGE	3275 1860	GEEBUNG	3263 6634
ASHGROVE	3366 4299	HOLLAND PARK	3397 9150
BEENLEIGH	3287 1477	LOGAN CENTRAL	3808 2312
BRIBIE ISLAND	3408 1721	LOGAN WEST	3800 5263
BULIMBA	3399 8900	MT GRAVATT	3343 6026
BURPENGARY	3888 3754	PINE RIVERS &	
CABOOLTURE	5495 2996	DISTRICT	3285 2532
CAPALABA	3390 3450	REDCLIFFE	3284 3861
CARINA	3398 7438	SANDGATE	3269 2073
CENTENARY	3279 1974	STAFFORD	3356 2382
CLEVELAND	3286 2626	WYNNUM &	
CROSBY PARK	3256 0788	MANLY DISTRICTS	3396 9479
DECEPTION BAY	3203 2800	YERONGA	3848 9607

Additional information on Meals On Wheels Queensland can be found at www.qmow.org

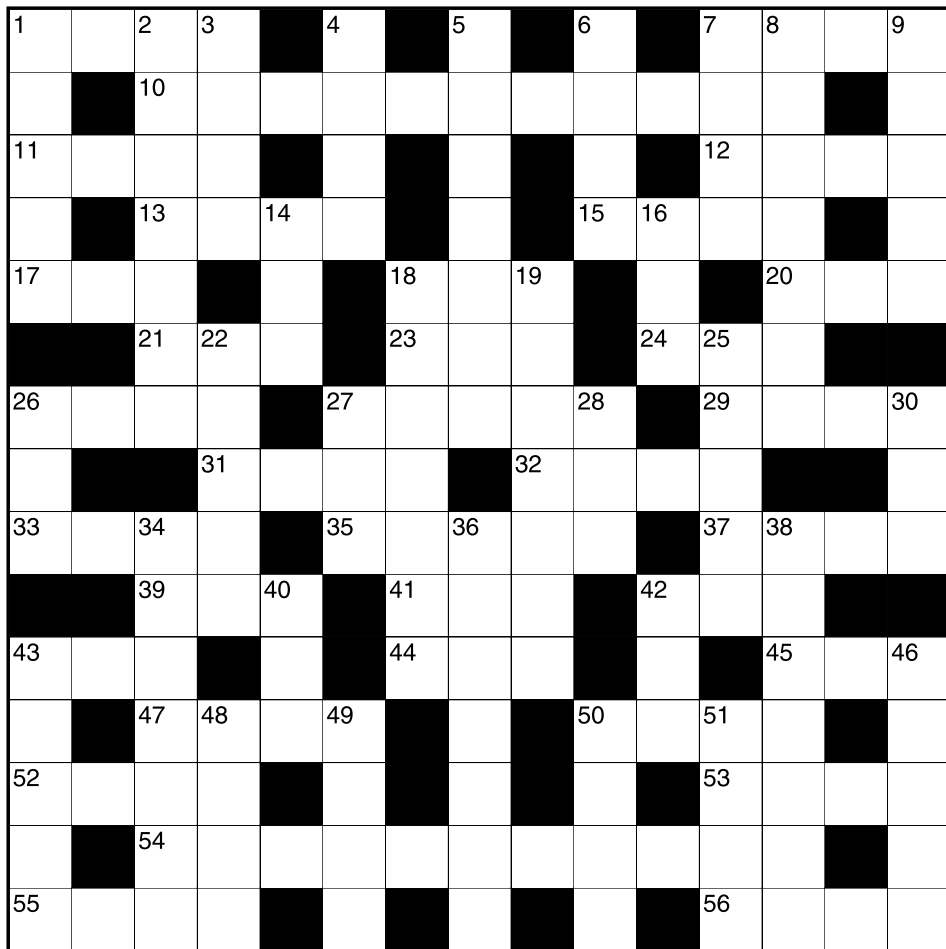


ACROSS

- | | |
|-----------------------------|---------------------|
| 1. Demanding as right | 19. Snarled |
| 5. Astute | 21. Increase |
| 9. Caught on | 24. Eskimo dwelling |
| 10. Wildly dangerous person | 25. Deferred |
| 12. Disturbs | 27. Draw forth |
| 13. Furious | 28. Keep apart |
| 14. Fitness clubs | 29. Santa's vehicle |
| 16. Fumes with anger | 30. Make enemy of |

DOWN

- | | |
|-----------------------------|---------------------------|
| 1. Big Top show | 18. Fossil fuel pit (4,4) |
| 2. Tennis player, Andre ... | 20. Declines |
| 3. Wet | 21. Dog, Jack ... terrier |
| 4. Syringe spikes | 22. Turkey's capital |
| 6. Weightiness | 23. Cling (to) |
| 7. RIP inscriptions | 26. Absence of war |
| 8. Shrink | |
| 11. Vipers | |
| 15. Discolouring | |
| 17. Repulsiveness | |



ACROSS

1. Famed lover, Don ...
7. Desire, ... for
10. Arab land (5,6)
11. Knocks sharply
12. A blast ... the past
13. Witches
15. Acquires
17. Pretoria is there (1,1,1)
18. Household fuel
20. Spoil
21. Young boy
23. Brink
24. Queen's honour (1,1,1)
26. Squirts
27. ... & Gomorrah
29. Responsibility
31. A ... off the old block

32. Sleeps
33. W Indies' Puerto ...
35. Knee-to-ankle bone
37. Logically thought-out
39. Due time (1,1,1)
41. Mother superior's charge
42. Talk indiscreetly
43. Country, ... Lanka
44. Band's live performance
45. Drilling platform
47. Profit or ...
50. Flag mast
52. Cut (hedge)
53. Alleviate
54. Edginess
55. Provide autograph
56. Oliver Hardy & ... Laurel

DOWN

1. Trial panel member
2. Black road surface
3. US rocket agency
4. Dedicatory verses
5. Intercepted en route
6. Telephoned
7. Elevator
8. Male rowers
9. Xbox or Wii player
14. Gallivant
16. Self-pride
18. Scrabbling
19. Curing (fish)
22. UK racecourse
25. Brazilian dance, ... nova
26. Jam pot
27. Pull up a pew
28. Missing in action (1,1,1)
30. File lawsuit
34. Career barrier, glass ...
36. Bolster (5,2)
38. Side-by-side
40. Foolish person
42. Chief mail centre (1,1,1)
43. Places
46. Actress, ... Close
48. Premonition
49. Fijian capital
50. Humorous ambiguities
51. Not as much

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4		7			9			
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Fun With Trivia 1104 - 1106

1104. What color is a polar bear's skin?

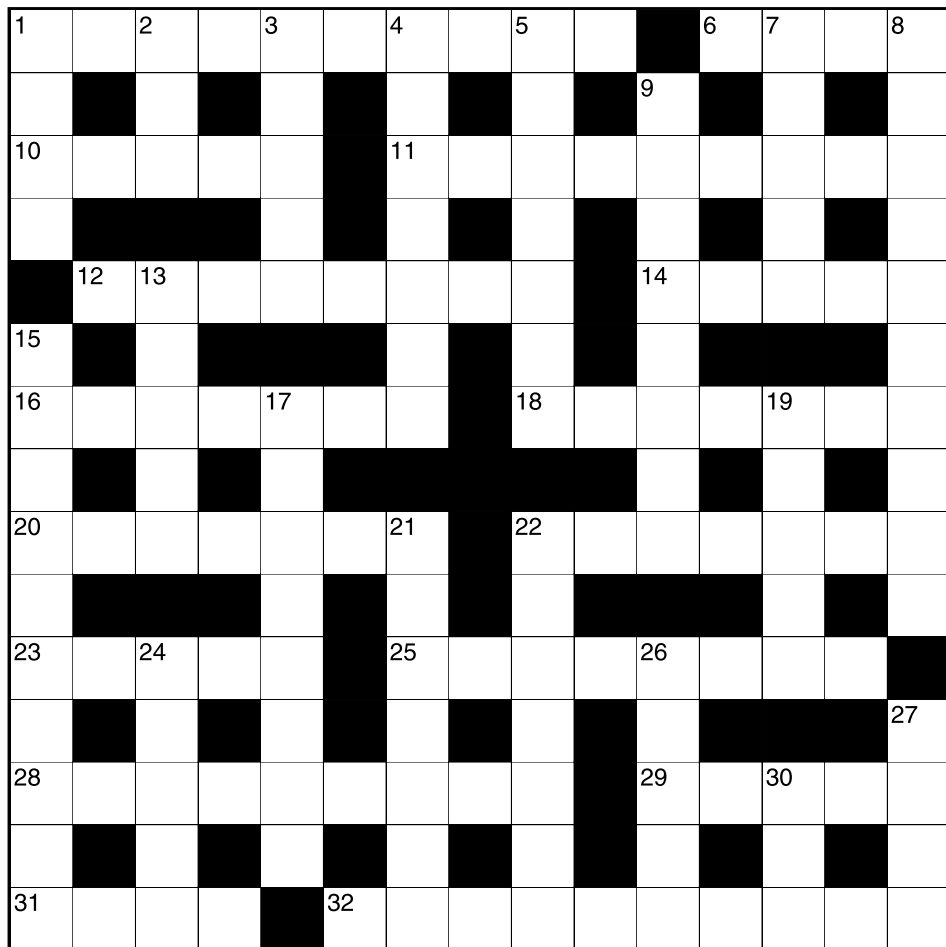
.....

1105. What is the largest lizard?

.....

1106. Europe is separated from Africa by which sea?

.....



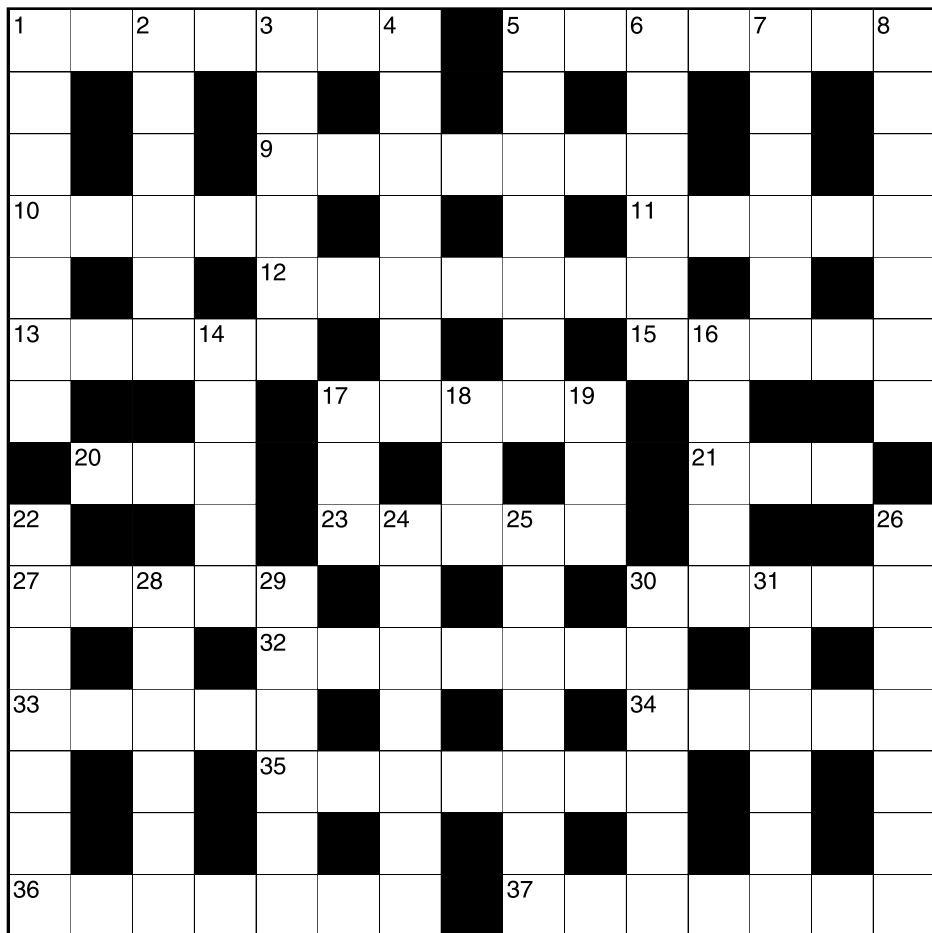
ACROSS

- 1. Disagreement
- 6. Cain & ...
- 10. N African nation
- 11. Abominable
- 12. Unscathed (4-4)
- 14. Summit
- 16. Rolling grassland
- 18. Writer, Sidney ...
- 20. Roman emperors
- 22. From Asia
- 23. Flooded by waves

- 25. Teacher
- 28. Disgruntled
- 29. Bathroom-floor tradesman
- 31. Holdall, ... bag
- 32. Soreness

DOWN

- 1. Appropriately
- 2. Falsehood
- 3. Praise highly
- 4. Make bigger
- 5. Swiss cottages
- 7. Fellow
- 8. Army rank below captain
- 9. Solidifies
- 13. Discontinue
- 15. Expert
- 17. Selfish drivers (4,4)
- 19. US naval port, San ...
- 21. Slow fluid escape
- 22. Broke out suddenly
- 24. Accounts review
- 26. Modify
- 27. Carnival, Mardi ...
- 30. Recline



ACROSS

1. Ten pin ...
5. Street criminals
9. Filthy
10. Nincompoop
11. Pink-fleshed fruit
12. Massive
13. Sign up to vote
15. Transported
17. Novelist, Danielle ...
20. Pen and ... drawing
21. Brewery barrel

23. Tropical parrot
27. Jet black
30. Dog restraint
32. Slope
33. Result (3,2)
34. Surpass
35. Pre-release showing
36. Credit facilitators
37. Geothermal springs

DOWN

1. Damages (skin)
2. More alert
3. Gradually implant (ideas)
4. Connoisseur
5. Actress, ... Griffith
6. Gizmo
7. Venture forth
8. Gaunt
14. Relative, next ... (2,3)
16. Leg joint
17. US, Uncle ...
18. Et cetera
19. Order
22. Some
24. Arrow marksmen
25. Emerging
26. Postpones
28. Consecrate as priest
29. Joyful exclamation
30. Manoeuvring space
31. Recessed area

Puzzles Can Help Your Brain

Scientific studies have proven that working with puzzles and other logic games helps improve reasoning, memory and logic. They promote a form of synergy between the left and right brain, termed by psychologists as a “full brain approach”. This can result in better memory, deeper learning and better recall. Puzzles appeal to our creative and logical minds, offering a full brain work out, especially for retirees who don’t have a daily work commitment.

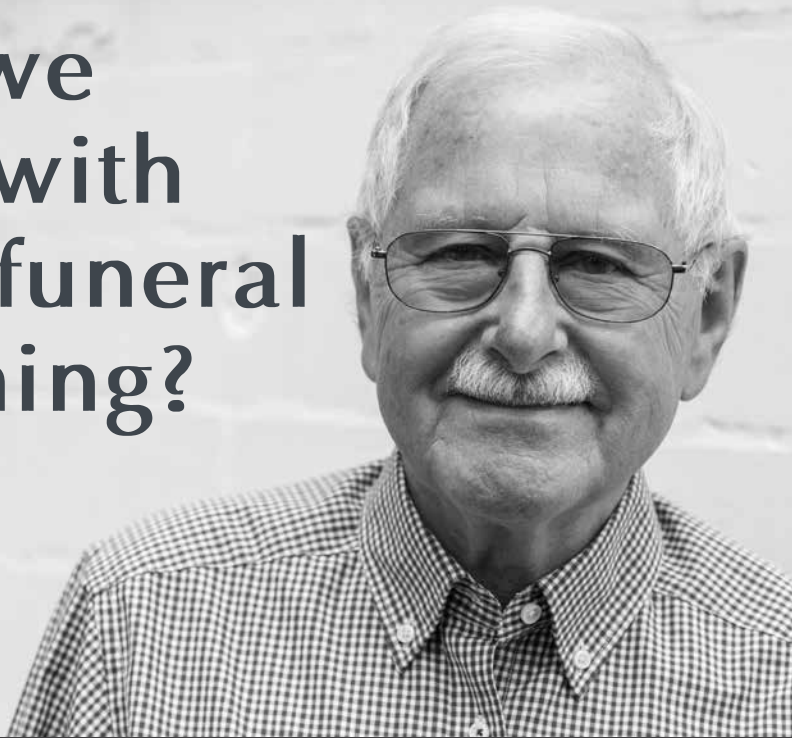
Alex Gow recognises this and hopes that by offering this Puzzle Book with up to three-month’s worth of fun brain exercises, we can actually help you improve your brain vibrancy as you get older. One of the biggest fears for us all as we get older is losing our mental sharpness, possibly developing dementia, Alzheimer’s or other mental illnesses – but by giving our brain a moderate workout on a frequent basis we can help hold off the onset of some of these issues.

Puzzles and games also instigate social interaction and communication. Doing puzzles together is a pleasurable experience for all participants helping to maintain social and communicative skills. Science has also shown that when a puzzle is finally completed there is a feeling of satisfaction and dopamine is released in the brain, as a kind of reward system for our efforts.

Please enjoy your FREE Alex Gow Puzzle Book. Remember all the answers and solutions can be found on our web site www.alexgowfunerals.com.au They are published at the beginning of each month along with a couple of bonus Questions that will give you an extra entry in the monthly draw for the \$100 GIFT CARD.

Note: All data collected on the Alex Gow Puzzle Book answers web page remains private and will not be shared with any other party.

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The guide provides you with quality information to help you choose a service that is meaningful and appropriate to you.

For more information or to arrange a free consultation, simply call our friendly staff on 3851 7800.



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